



HIGHLIGHTS

LONDON 2025

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HIGHLIGHTS

FICTION

LONDON 2025

 SANDRA BRUNA
AGENCIA LITERARIA

PERIPECIAS

(VICISSITUDES)

MARIA BARBAL

CONTEMPORARY | ABOUT BOOKS

A novel that masterfully explores the light and dark sides of a writer's profession and its complex relationship with the publishing world, the latest title from the incredible MARIA BARBAL, one of the most outstanding voices in contemporary Catalan literature

- 1** A *book about books* and the publishing world—a literary subgenre that captivates many readers.
- 2** Maria Barbal is a renowned Catalan writer known for her distinctive **storytelling**. With her works translated into **18 languages**, her debut novel has reached **55 editions and sold over 200,000 copies**. Her writing has also been adapted for the stage.
- 3** Through the protagonist, Antón Ballart, Barbal delves into **emotional and professional challenges faced by writers**, highlighting the **delicate balance between creative passion and personal life**.



Original title: PERIPECIAS
Original language:
Spanish/Catalan
360 pages
Publication in February 2025

RIGHTS SOLD
Catalan (Columna)
Spanish (Destino)

EL PRINCIPIO DE INCERTIDUMBRE

(THE UNCERTAINTY PRINCIPLE)

SÒNIA GUILLÉN

An addictive novel following a police detective, a criminologist, and a renowned physicist as they race against time to unravel the cryptic riddles of a serial killer obsessed with quantum physics.

- 1** Not an average thriller but a literary experience which combines action, mystery and quantum physics.
- 2** For fans of thrillers, mysteries, or science fiction, this novel has something for everyone. Its blend of **scientific intrigue** and **psychological suspense** makes it accessible and engaging for a diverse audience.
- 3** This novel is **poised to make a significant impact in the literary world**, being Imprint Contraluz's **big title for 2025**.

THRILLER | QUANTUM PHYSICS



Original title: EL PRINCIPIO DE INCERTIDUMBRE

Original language: Spanish/Catalan
512 pages

Publication in February 2025

RIGHTS SOLD

Spanish (Contraluz)

Catalan (Contraluz)

SONÓ UN VIOLÍN EN PARÍS

(A VIOLIN WAS HEARD IN PARIS)

MARÍA REIG

A group of privileged tourists embarks on their Grand Tour across Europe in the late 19th century, all the while having their secrets unveiled through a weekly bulletin titled *Le Petit Journal*

- 1 Her debut novel surprised everyone by selling **over 80,000 copies**, introducing us to a young historical fiction author who **burst onto the industry to stay**.
- 2 In true *Gossip Girl* or *Bridgerton* style, **a renowned Parisian newspaper holds privileged information about the travelers**— friendship, rivalry, obsession, admiration, and romance.
- 3 What seems like **a simple bourgeois adventure** will ultimately become **an experience** that completely changes the lives of the selected travelers.
- 4 An **immersion into the Grand Tour** and the beginnings of tourism, revealing how people traveled in that era.

HISTORICAL FICTION



Original title: SONÓ UN VIOLÍN EN PARÍS

Original language: Spanish
576 pages

Publication in January 2025

RIGHTS SOLD

Spanish (Espasa, Grupo Planeta)

MORIR DOS VECES

(TWO TIMES DEAD)

SUSANA RODRÍGUEZ

An adrenaline-fuelled, powerful and original thriller where Moon Aubry must face the shadow of her former life in a mission that will put her future and humanity at stake.

- 1** Susana is one of the most established thriller authors in Spain whose books have been translated into several languages, and her bestselling thriller *Sin Retorno* has sold more than 80K copies and seen 8 reprintings.
- 2** She returns with a new, **electrifying stand-alone thriller**, about a **double identity**, full of twists, danger, and redemption, where one woman's fight for freedom and justice puts her new life on the line.
- 3** **Perfect for thriller fans**, but it will also captivate a **broader audience** with its twists and turns and an electrifying plot.

THRILLER | CRIME



Original title: MORIR DOS VECES
Original language: Spanish
308 pages
Publication in February 2025

RIGHTS SOLD
Spanish (Harper Collins Ibérica)

UNA VIDA

(A LIFE)

ALEJANDRO PALOMAS

With his masterful emotional prose, Alejandro Palomas delivers a grand finale to the narrative universe he began with *Una madre* and continued with *Un perro* and *Un amor*, once again presenting us with an intense, lively and vibrant text at his best.

- 1** The Amalia series, the universe composed of the **stand-alone books** *Una madre*, *Un perro* and *Un amor* that **together have captivated over 150,000 readers**, and have been translated to multiple languages.
- 2** Palomas has received **several literary awards** throughout his career, including **the Spanish National Literature award**.
- 3** **Amalia, the protagonist, is the soul of the *Amalia* series.** She is a vibrant, eccentric and deeply loving mother whose personality and actions deeply affect the family.

CONTEMPORARY



Original title: UNA VIDA
Original language: Spanish
408 pages
Publication in January 2025

RIGHTS SOLD
Spanish (Destino, Grupo Planeta)

EL PERRO QUE SEGUÍA LAS ESTRELLAS

(THE DOG THAT FOLLOWED THE STARS)

ANNA SÓLYOM

An Ode to Our Best Friend: Unconditional Love as a Guide on Life's Journey – Inspired by a True Story

- 1** A groundbreaking phenomenon, published just 6 months ago, now sold in 12 languages, with English world rights sold!
- 2** A magic and empowering story that will make us cry and laugh about Roshi, a dog full of humanity who teaches us the art of living.
- 3** Anna Solyom is the author of the international success *Neko Café*, translated into 21 languages.
- 4** A furry and loving character that stars a long journey to return home, while acting as a mentor in the different homes where he stops by.

INSPIRATIONAL

sold in 12 languages!



Original title: EL PERRO QUE SEGUÍA LAS ESTRELLAS
Original language: Spanish
234 pages

Publication in October 2024

RIGHTS SOLD:
SPANISH (VR EDITORAS) HUNGRIA (PARTVONAL KIADÓ)
PORTUGAL (MARCADOR) ITALIANO (GIUNTI)
GRECIA (MIONAS SA) LETONIA (ZVAIGZNE ABC)
POLONIA (WYDAWNICTWO WAM) BRASIL (VR EDITORAS)
SERBIA (VULKAN) RUSSIAN (ATTICUS) CROATIA (STILUS KNJIGA)
ENGLISH (MANJUL)

HIGHLIGHTS

NON – FICTION

LONDON 2025

 SANDRA BRUNA
AGENCIA LITERARIA

EL CEREBRO DE LA GENTE FELIZ

(THE BRAIN OF HAPPY PEOPLE)

FERRAN CASES & SARA TELLER

SELF-HELP | HAPPINESS

A Useful and Practical Guide to Overcome Anxiety with the Help of Neuroscience

- 1 With **easy and innovative tools** on how to understand what happens inside our brains, in order to control our minds and our levels of anxiety.
- 2 Both authors offer a perfect mix: **Ferran shares his personal experience** and his **unique method** for managing anxiety, while **Sara, a neuroscience specialist**, provides a detailed explanation of the technical aspects behind it.
- 3 Already translated into **11 languages and on its 7th edition!**



Original title: EL CEREBRO DE LA GENTE FELIZ

Original language: Spanish

336 pages

Published in 2021

RIGHTS SOLD:
SPANISH (PRH) ITALIAN (ANTONIO VALLARDI EDITORE) POLISH (FILIA)
PORTUGUESE (BOOKSMILE) BRAZILIAN PORTUGUESE (ROCCO)
RUSSIAN (AST PUBLISHING GROUP) ARABIC (JARIR BOOK STORE)
SLOVENIAN (UCILA INTERNATIONAL PUBLISHING HOUSE) GREEK
(MINOAS) TURKISH (TOTEM BASIM YAYIM) BULGARIAN (ENTHUSIAST PUBLISHERS)

EL SÍNDROME DE BURNOUT

(THE BURNOUT SYNDROME)

DR. CARLOS CENALMOR

The ultimate method to avoid burnout: a practical guide to prevent it, overcome work stress, and reconnect with your life.

- 1** Learn how to overcome discomfort with **practical exercises, real stories, and insights**. Regain your energy, protect your health, and reconnect with life.
- 2** Burnout is a highly relevant and timely concept in today's world. Dr. Cenalmor, a psychiatrist and expert on the subject, is well-qualified to share insights drawn from his experience and deep knowledge.
- 3** Dr. Carlos Cenalmor also spreads on social media her valuable information about stress and burnout with over **10K followers on Instagram and 30K on YouTube**.

SELF-HELP | HEALTH



Original title: EL SÍNDROME DE BURNOUT

Original language: Spanish

256 pages

Publication in January 2025

RIGHTS SOLD

Spanish (Vergara, PRH)

TESLA Y EINSTEIN JUEGAN AL AJEDREZ

(TESLA AND EINSTEIN PLAY CHESS)

EUGENIO FERNÁNDEZ

This book explores the dichotomy between invention (Tesla) and discovery (Einstein) through many inventions by different great inventors and many discoveries by various renowned scientists.

- 1** A delightful **educational science book** that explains major inventions and discoveries by various scientists that have changed the world.
- 2** Techno-science in small doses, with **short readings** perfect for moments like waiting for the bus.
- 3** A true tribute to **science and technology**, offering an extra dose of culture.
- 4** **Eugenio Fernández, a Physics graduate**, has been a high school science teacher for many years and is now author of science and math textbooks for various publishers.

DIVULGATIVE | SCIENCE



Original title: TESLA Y EINSTEIN
JUEGAN AL AJEDREZ

Original language: Spanish
300 pages

Publication in January 2025

RIGHTS SOLD

Spanish (Cúpula, Planeta)

HISTORIOGRAMA

(HISTORIOGRAM)

GABRIEL GARCÍA DE ORO & LUÍS GARCÍA DE ORO

A refreshing take on self-betterment: Authors Gabriel and Luis García de Oro want to teach you how to take control of your own story.

- 1** Discusses a topic most readers might not be familiar with: **storytelling as a tool to grow a business or make your life better.**
- 2** Gabriel is a **bestselling author of both children's and adult's books**, whose works have been translated into over four languages.
- 3** Written by two highly experienced authors who have been in the creative world for years, and with **a prologue written by Francesc Miralles**, bestselling author of *Ikigai*.

SELF-HELP | INSPIRATIONAL



Original title: HISTORIOGRAMA

Original language: Spanish

177 pages

Publication in January 2025

RIGHTS SOLD

Spanish (Destino, Planeta)

CAMBIA TU VIDA CON JANE AUSTEN

(CHANGE YOUR LIFE WITH JANE AUSTEN)

CARLA GRÀCIA

In the year of Jane Austen's 250th anniversary, an essential book in the style of Allan Percy's bestsellers—offering timeless wisdom to transform your life, inspired by Jane Austen.

- 1** In this book, you will discover **amazing tools and self-help advice** that feel as if **Jane Austen herself** is offering them to you in person, guiding you through modern life with her timeless wisdom.
- 2** In the pure style of Allan Percy's bestsellers guides as *Nietzsche para estresados* or *Kafka para agobiados*.
- 3** inspired by the timeless wisdom of Jane Austen, some chapters include ***Pride and personal branding, The beauty of the heart, The art of solitude*** or *How to get through day to day troubles*.

SELF-HELP



(cover not final)

Original title: CAMBIA TU VIDA
CON JANE AUSTEN

280 pages aprox.

Publication in 2025

Available material: English
proposal and sample

RIGHTS SOLD
Spanish (PRH)

EL PROBLEMA DE SER DEMASIADO BUENO

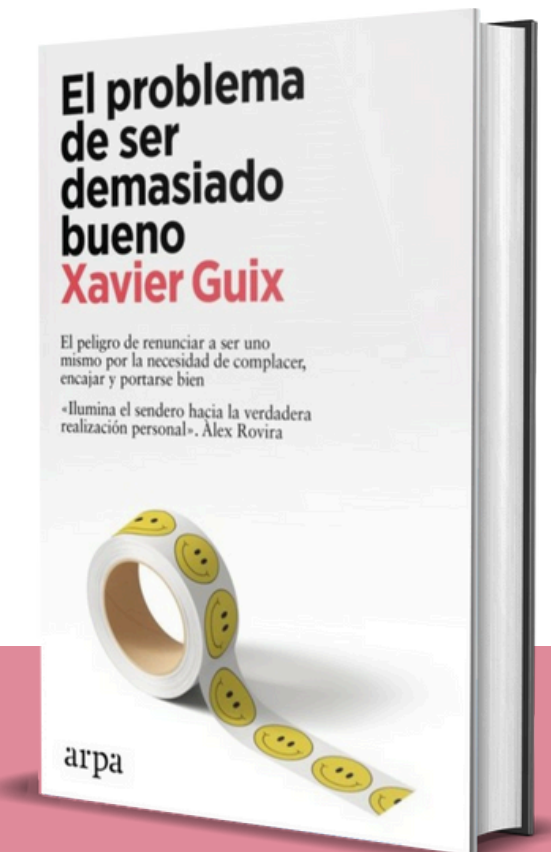
(THE PROBLEM OF BEING TOO GOOD)

XAVIER GUIX

A Helping Hand for Those Who Are Kind to Everyone but Themselves: Finding Balance in a World That Confuses Obedience with Goodness

- 1** Being a global issue in our society and one of the main factors of **unhappiness**, many people will find in this book a revelation that will exponentially improve their happiness.
- 2** Challenging **the widespread belief** that obedience and perfectionism are inherently positive traits.
- 3** With **a simple language, close and with many examples** and suggestions by the **Clinical Psychopathology expert Xavier Guix**.
- 4** With clear reminiscences of **Nietzsche's philosophy**, that will attract all kinds of readers.

SELF-HELP



Original title: EL PROBLEMA DE SER DEMASIADO BUENO

Original language: Spanish

264 pages

Published in March 2024

RIGHTS SOLD:
Brazilian (BUZZ editora) Spanish (Arpa Ediciones)
Catalan (Arpa Ediciones)
Polish (Bellona)

MUJERES QUE SE EXIGEN DEMASIADO

(TOO MUCH SELF-DEMANDING WOMEN)

JÚLIA MARTÍ

Self-demand is the trap that many women set for themselves. This is the ultimate guide to escape it and learn how to take care of yourself.

- 1 Women are often more self-demanding, with nearly **40% facing burnout and mental health challenges**—making this book essential.
- 2 The author, **Júlia Martí**, is an expert therapist specialized in **self-demand**, with a thriving Instagram community of nearly **26k followers**.
- 3 An empowering and practical guide to finding a healthy balance of **self-demand**, with practical tools to live authentically and without pressure.
- 4 Embrace your vulnerability, allowing yourself to be imperfect and enjoy every step of your personal journey, **take this book as an invitation to reflect on your relationship with self-demand**.

SELF-HELP | WOMEN



Original title: MUJERES QUE SE EXIGEN DEMASIADO
 Original language: Spanish and Catalan
 304 pages
 Publication in January 2025

RIGHTS SOLD
 Spanish (ROCA EDITORIAL)
 Catalan (ROCA EDITORIAL)
 Portugal (ALMA DOS LIVROS)

NÚCLEOS DE INFLUENCIA

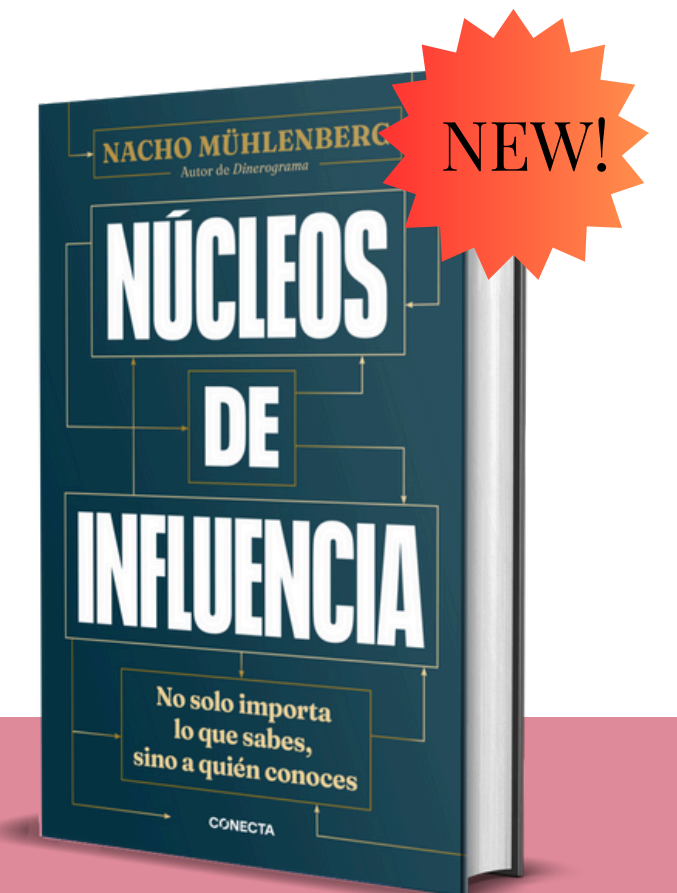
(CENTERS OF INFLUENCE)

NACHO MÜHLENBERG

A practical guide to strategically build your network of contacts, surrounding yourself with the right people, and creating the ideal scenarios to achieve personal, professional, and financial success.

- 1** A manual for determined individuals who want to learn how to have a **clear vision of what they want**. Those who lack clarity often end up fulfilling the goals of others.
- 2** Learn **how to be perceived as magnetic or influential** in every person you meet or interaction you have.
- 3** From the bestselling author of *Dinegrama*, sold in 4 languages, including English, **Nacho Mühlenberg is a powerful figure** with a social media community of **more than 100k followers**.
- 4** Developing your **personal brand and strengthening relational capital** are essential for standing out and thriving.

SELF-HELP | BUSINESS



Original title: NÚCLEOS DE INFLUENCIA

Original language: Spanish
288 pages

Publication in January 2025

RIGHTS SOLD

Spanish (Conecta, PRH)

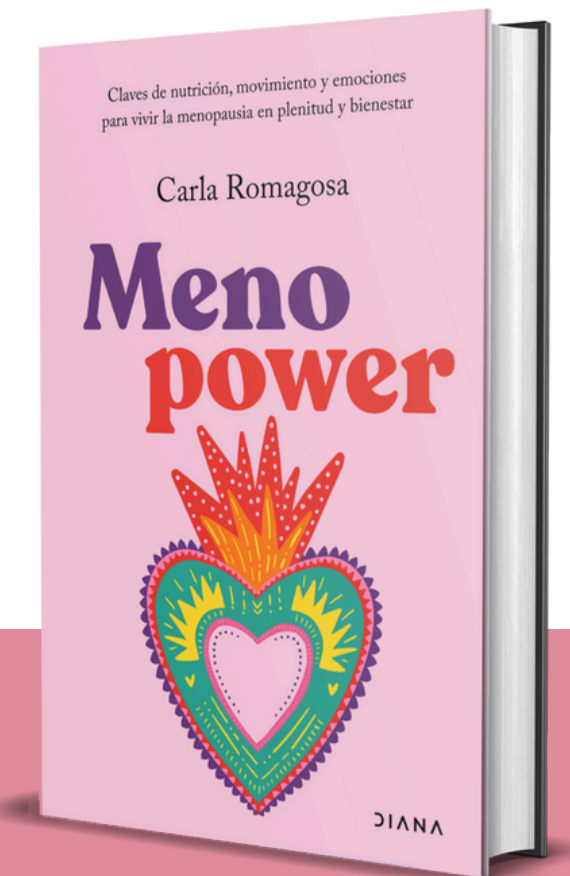
MENOPOWER

CARLA ROMAGOSA

An Innovative Approach to Dealing with Menopause with Fullness and Well-Being

- 1** With **practical tools and advice** on how to navigate menopause with vitality, health, and balance, empowering women to live with confidence.
- 2** It challenges the exhausting Society's "Perfect Woman" Ideal proposing **a more authentic and empowering model** that celebrates inner peace and well-being.
- 3** Carla Romagosa is a renowned menopause specialist, with nearly **150k followers on social media** where she actively shares and promotes these empowering principles with her community.

SELF-HELP | MENOPAUSE



Original title: MENOPOWER
Original language: Spanish
320 pages
Published in October 2024

RIGHTS SOLD:
SPANISH (PLANETA)

SOLOSOFÍA

(SOLOSOPHY)

NIKA VÁZQUEZ SEGUÍ

A book that teaches you the art of feeling whole and enjoying life without depending on someone else, while transforming yourself into a *solosopher*.

- 1** While a loner isolates themselves from others, **a *solosopher* thrives in solitude**, embracing it as a source of fulfillment.
- 2** Beating the cliché that you can't enjoy life alone, and teaching readers on how to enjoy time in solitude.
- 3** A crucial and essential topic for coping in today's individualistic **society**: perfect for all readers seeking to enhance their well-being.
- 4** Being a sensation in Europe since its publication in 2022, the book has been sold in 12 languages. With its recent sale in **English, Solosophy has proven to be a long-seller!**



Original title: SOLOSOFÍA
Original language: Spanish
192 pages
Published in 2022

RIGHTS SOLD:
SPANISH (RBA LIBROS) RUSSIAN (AST PUBLISHING GROUP)
PORTUGUESE (SELF-DESENVOLVIMENTO PESSOAO)
BRAZILIAN PORTUGUESE (EDITORA BEST SELLER) DUTCH
(J.M. MEULENHOF BOEKERIJ BV) ROMANIAN (EDITURA
LEBĂDA NEAGRĂ) POLISH (WYDAWNICTWO CZARNA
OWCA) ARABIC (JARIR BOOK STORE) LATVIAN (ZVAIGZNE
ABC) TURKISH (DESTEK) SERBIAN (VULKAN)
ENGLISH (MANJUL PUBLISHING HOUSE)

HIGHLIGHTS

CHILDREN & YOUNG ADULT

LONDON 2025

CHILL: CALMA RADICAL PARA ANSIOSOS MODERNOS

(CHILL: RADICAL CALM FOR MODERN ANXIOUS PEOPLE)

FERRAN CASES

SELF-HELP | INTERACTIVE



A practical and transformative guide designed to help young people understand and manage anxiety.

- 1** This book transforms **anxiety management** into a creative and **enriching experience**, providing young people with the tools to **understand and combat anxiety** in a way that is both **educational and exciting**.
- 2** From an **anxiety expert and bestselling author**, Ferran Cases, whose books about anxiety have been sold **in more than 20 countries**.
- 3** Through the stories of three young people and an enigmatic character named Angie, the book offers **therapeutic exercises, practical advice and tools to fight anxiety**, in the style of *Wreck this Journal*.

Original title: CHILL
Original language: Spanish
224 pages
Publication in January 2025

RIGHTS SOLD
Spanish (Magazzini Salani)

EL ORIGEN DE LA PUERTA DE LOS TRES CERROJOS: LA SEMILLA DE UNA REVOLUCIÓN

(THE ORIGIN OF THE BOLTED DOOR: THE SEED OF A REVOLUTION)

SONIA FERÁNDEZ-VIDAL

FICTION | MIDDLE-GRADE



The highly anticipated prequel to the successful saga *THROUGH THE BOLTED DOOR*.

- 1** A reference in children's literature. A long-selling collection that has sold over **450,000 copies worldwide**, and has been translated to **17 languages**.
- 2** An extensive marketing and digital communication campaign for the new book's launch.
- 3** A divulgative fiction classic. Adventure, fantasy, and science fiction, it brilliantly unravels the mysteries of the universe and quantum physics with remarkable simplicity for middle-grade readers.

Original title: EL ORIGEN DE LA
PUERTA DE LOS TRES CERROJOS
LA SEMILLA DE UNA REVOLUCIÓN
Original language: Spanish
245 pages
Published in October 2024

RIGHTS SOLD:
Spanish (Planeta)

EL SUPERPODER DE SER TÚ

(THE SUPERPOWER OF BEING ONESELF)

ÁLEX ROVIRA & FRANCESC MIRALLES

SELF-HELP | TALES



The New Volume of the Successful Collection to Promote Self-Esteem and Happiness in Children through Tales and Stories

- 1** A necessary book to raise awareness on Mental health and self-esteem in childhood, issues of great concern to parents and educators alike.
- 2** A project by **Álex Rovira and Francesc Miralles** focused on emotional pedagogy, both international and bestseller authors in the self-help field.
- 3** With an **instruction manual** on emotions for parents and children, and pages with tips and interactive activities.

Original title: EL SUPERPODER DE SER TÚ

Original language: Spanish

128 pages

Published in September 2024

RIGHTS SOLD:
SPANISH (DESTINO)
CATALAN (ESTRELLA POLAR)
POLONIA (WYDAWNICTWO)
ROMANIA (HUMANITAS)

VIAJE A ANDRÓMEDA

(JOURNEY TO ANDROMEDA)

FRANCESC MIRALLES

A love story between two neurodivergent teenagers—an exploration of loneliness and the complexities of adolescence in the pure style of John Green's stories

- 1** Francesc Miralles is a renowned author in the field of young adult literature and personal development, whose books have been translated into **65 languages** and have topped bestseller lists in various countries.
- 2** It's a **thriller and a love story** at the same time, with a lot of unexpected turns, and reflexes on the loneliness and **complexities of adolescence**.
- 3** A novel in the style of the best works by **John Green**.

FICTION | MIDDLE-GRADE



Original title: VIAJE A ANDRÓMEDA

Original language:

Spanish/Catalan

224 pages

Published in January 2025

RIGHTS SOLD:

Spanish (Crossbooks, grup 62)

Catalan (Crossbooks, grup 62)

SOY COMO EL MAR

(I AM LIKE THE SEA)

VILMA MONTOLIU

One of the most important voices in personal well-being gives us the tools to teach our children how to meditate while also finding a moment of daily connection with them.

- 1** This book transforms **meditation into a shared moment of love and learning**, where each practice becomes an opportunity to better understand the little ones.
- 2** With **brief meditations** that are easy to incorporate into daily routines and activities **designed for children of all ages**.
- 3** **Vilma, an experienced meditation coach**, is also the author of two books published by Planeta: *Divina Mente* and *Meditar dona vida*. She shares meditation tools and reflections with her Instagram community of nearly **20k followers**.

PARENTING | INTERACTIVE



Original title: SOY COMO EL MAR
Original language: Spanish and Catalan

176 pages

Published in February 2025

RIGHTS SOLD

Catalan (Columna)

Spanish (Diana)

EL DIA QUE MI HERMANA QUISO VOLAR

(THE DAY MY SISTER DECIDED TO FLY)

ALEJANDRO PALOMAS

A touching story about two twins: one, a self-demanding and gifted adolescent who decides to end her life, and the other who struggles to cope with her loss

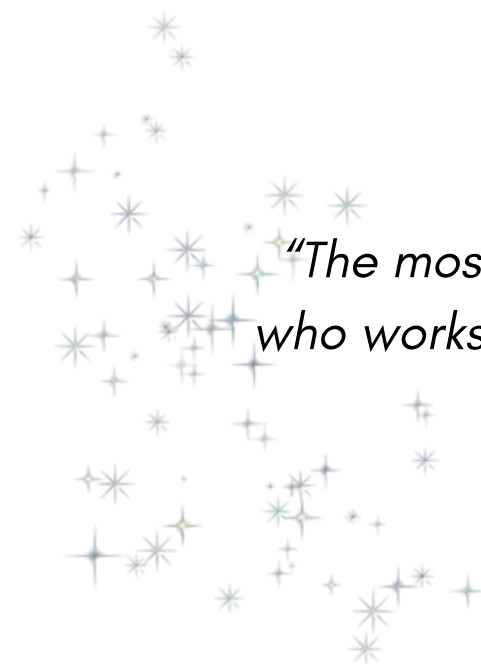
- 1** As *INVISIBLE* or *THE FAULT IN OUR STARS*, a touching and emotional novel about **deep topics** for young readers.
- 2** With themes such as **coping with loss, therapy, bullying, self-discipline and adolescence.**
- 3** Alejandro Palomas is **a well-known and established author**, whose titles have been **successful worldwide**, his previous YA book **A SON** was translated into **22 languages** and is now being adapted into a movie.

YA CROSSOVER



Original title: EL DIA QUE MI HERMANA QUISO VOLAR
Original language: Spanish
288 pages
Published in October 2024

RIGHTS SOLD:
GREECE (EDITIONS OPERA)
SPANISH (PRH)
CATALAN (PRH)



"The most important thing is not to be the biggest, but to be the one who works the hardest, with honesty, enthusiasm, and a clear strategy. And we'll keep working this way."

- SANDRA BRUNA

Sandra Bruna Agencia Literaria

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